

For the benefit of all beings: Inauguration Day Meditation and Prayer

January 20, 2017 9 am - Noon

CHANGE OF LOCATION
Sacramento Dharma Center
3111 Wissemann Dr, Sacramento CA

*The election is over. We are faced with dramatic change.
We need each other more than ever.*

- Come join us for a non-partisan, Buddhist-inspired meditation and prayer gathering to encourage wisdom, compassion, and loving kindness for ourselves, our neighbors, our government leaders and the world.
- During the inauguration come sit with us to support community, to support those outside community, to be in touch with the here and now and to water the seeds of interconnection.
- Sit for a few minutes, an hour or the entire time but come be part of a collective effort for peace.

Facilitators for meditation:

John Salerno-White - Dharma Teacher in the Plum Village tradition of Thich Nhat Hanh

Cynthia Embree-Lavoie - Graduate of Spirit Rock Dedicated Practitioner Program.

Lua Hightower - Composer, vocalist, multi-instrumentalist performing in the Sufi tradition.

For more information see our Facebook events page

<http://tinyurl.com/Sac-Inaug>

Supported by: Light Heart Sangha, Vacaville / Joyful Heart Sangha, Sacramento / Kaya Yoga, Davis,
Sacramento Dharma Center / Lake Tahoe Mindfulness Community